



XPRESSIONS DANCE ACADEMY

CLASS LIST 2025-2026

Pre-K/Kinder			
Musical Theatre Mini	3-5 yrs	Wed	4:45 - 5:30
Tiny Tumbling	3-5 yrs	Thurs	3:45 - 4:30
Tiny Toes A	3-5 yrs	Tues	9:45-10:30am
Tiny Toes B	3-5 yrs	Tues	3:45 - 4:30
Tiny Toes C	3-5 yrs	Thurs	5:30 - 6:15
Kinder Combo A	5-6 yrs	Wed	5:30 - 6:30
Kinder Combo B	5-6 yrs	Thurs	3:30 - 4:30
Kinder Combo C	5-6 yrs	Fri	5:30 - 6:30
Ballet			
Ballet/Jazz 1A	6-7 yrs	Wed.	5:30 - 6:30
Ballet/Jazz 1B	6-7 yrs	Fri.	6:30 - 7:30
Ballet 2A	7-12 yrs	Mon.	4:30 - 5:30
Ballet 2B	7-12 yrs	Thurs	4:30 - 5:30
Ballet 3A	7-12 yrs	Tues	6:30 - 7:30
Ballet 3B	7-12 yrs	Thurs	6:15 - 7:15
Ballet 4	9+ yrs	Tues	6:30 - 7:30
Ballet 5	9+ yrs	Thurs	6:30 - 7:30
Ballet 6 *	10+ yrs	Mon	4:30 - 5:30
		Tues	7:30 - 8:30
Ballet 7*	12+ yrs	Mon	6:00 - 7:30
		Tues	4:30 - 6:00
Ballet 8*	12+ yrs	Wed	6:30 - 8:00
		Thurs	4:30 - 6:00
Ballet Pointe			
Pre-Pointe*	10+ yrs	Mon	5:30 -6:00
		Tues	8:30 - 9:00
Pointe 7*	12+ yrs	Mon	7:30 - 8:00
		Tues	6:00 - 6:30
Pointe 8*	12+ yrs	Wed	8:00 - 8:30
		Thur	6:00 - 6:30
Contemporary (2 & 3 Ballet required)			
Contemporary 1	7-11 yrs	Tues	4:30 - 5:30
Contemporary 2**	8+ yrs	Thur	7:30 - 8:30
Contemporary 3**	10+ yrs	Fri	4:30 - 5:30
Hip Hop			
Hip Hop 1	6-9 yrs	Mon	5:30 - 6:30
Hip Hop 2A	8-12 yrs	Mon	6:30 - 7:30
Hip Hop 2B	8-12 yrs	Fri	6:30 - 7:30
Hip Hop 3	10-13 yrs	Mon	7:30 - 8:30
Hip Hop 4***	12+ yrs	Mon	4:30 - 5:30
Jazz (Ballet required)			
Jazz 2**	7-12 yrs	Mon	5:30 - 6:30
Jazz 3**	7-12 yrs	Tues	5:30 - 6:30
Jazz 4**	9+ yrs	Tues	7:30 - 8:30
Jazz 5**	9+ yrs	Thurs	7:30 - 8:30
Jazz 6**	10+ yrs	Mon	6:30 - 7:30
Jazz 7/8**	12+ yrs	Mon	8:00 - 9:00
Musical Theatre			
MT Mini	3-5 yrs	Wed	4:45 - 5:30
MT 1	5-9 yrs	Wed	6:30 - 7:30
MT 2	8+ yrs	Wed	7:30 - 8:30
MT 3	10+ yrs	Wed	5:30 - 6:30
MT 4	12+ yrs	Wed	4:30 -5:30
Tap			
Tap 1	6-8 yrs	Wed	6:30 - 7:30
Tap 2	7-11 yrs	Wed	4:30 - 5:30
Tap 3***	10+ yrs	Mon	7:30 - 8:30
Tap 4***	10+ yrs	Thurs	7:30 - 8:30
Tumbling			
Tiny Tumbling	3-5 yrs	Thurs	3:45 - 4:30
Tumbling 1A	5-9 yrs	Tues	5:30 - 6:15
Tumbling 1B	5-9 yrs	Thur	5:30 - 6:15
Tumbling 1C	5-9 yrs	Fri	3:30 - 4:15
Tumbling 2	7-13 yrs	Tues	6:15 - 7:15
Tumbling 3***	7+ yrs	Tues	4:30 -5:30
Tumbling Tween	10+ yrs	Tues	7:15 - 8:15
Tumbling 4***	7+ yrs	Thur	4:30 - 5:30
Tumbling 5***	12+ yrs	Thur	6:30 - 7:30

*Class meets twice a week

**Ballet class is required

*** Teacher approval required

All class ages are suggestions and subject to Teacher approval - Classes with low enrollment may be canceled